

# *Embracing Life's Transitions with Integrity*

A Circle of Trust Retreat® with Sally Z. Hare and Russ Moxley

**September 21-23, 2016**

**Start close in,  
don't take the second step  
or the third.  
Start with the thing close in,  
the step you don't want to take.**

**-David Whyte**



**Are you at the threshold of a major transition** such as retirement, becoming an empty nester, the experience of loss, the promise of new beginnings, or the consideration of a change in vocation or job?

**Would you welcome an opportunity** to have the space and time to reflect on how to navigate your transition in a full-headed and full-hearted way?

If you find yourself between the known and the unknown, between what has been and what will be, we invite you to join us for a Circle of Trust retreat to explore the theme of transition. Over three days we will contemplate what it means to face into transitions with attentiveness and courage, we will listen for “the voice of the genuine in us” about the next important step, and we will more fully embrace transitions as an important part of our journey.

Based on the theoretical work on transitions of William Bridges, the principles and practices of Circles of Trust, Russ Moxley’s work in leadership development and Sally Z. Hare’s work in community, the retreat will provide you an opportunity to:

- Explore what courage is required of you to let go of what has been
- Consider what can be done to bravely embrace the in-between, the space between the known and unknown
- Explore the connection between our inner landscape of transition and the outer world in which the change is happening
- Experience a community of mutual respect and caring, including a clearness committee, in which the truth and love within us can make a claim on our lives.

## Retreat Facilitators



**Sally Z. Hare** is a teacher and a learner and a student of community. She earned her doctorate at the University of South Carolina and has completed post-doctoral work in settings as diverse as the Harvard University Leadership Institute, the Center for Contemplative Mind in Society, and the Institute of Noetic Science's Healing Arts of Bali. She is president of still learning, inc, and Singleton Distinguished Professor Emerita at Coastal Carolina University. She has worked for two decades with the national Center for Courage & Renewal and facilitates the Courage to Teach and the Courage to Lead programs as well as Circles of Trust retreats across the United States and in Canada and Australia.



**Russ Moxley** is a Circles of Trust facilitator prepared by the Center for Courage & Renewal. For the past fifteen years he has led formation retreats with pre-K-12 teachers, educational leaders, health care leaders, nonprofit leaders and clergy leaders across the U.S. and in Canada. Until 2002, Russ was a senior fellow and faculty member at the Center for Creative Leadership, where he is still on the adjunct faculty. Russ is the author of *Becoming a Leader is Becoming Yourself, Leadership and Spirit*, co-editor and co-author of the *Center for Creative Leadership Handbook on Leadership Development*, and he has contributed chapters to four well-known edited books. Russ and his wife, Jean, are at home in Greensboro, NC, and West Jefferson, NC.

## Where and When

*Embracing Life's Transitions with Integrity* will be held at St. Francis Springs in Stoneville, NC, a warm and welcoming space that invites reflection and renewal.

<http://www.stfrancissprings.com/>

The retreat will begin at 3:00 pm on Wednesday, September 21 and conclude with lunch on Friday.

## Cost and Registration

Space is limited to 20 participants. Programs typically fill well before the deadline, which is August 31, 2016.

The registration fee for *Embracing Life's Transitions with Integrity* is \$695. The fee covers all retreat materials, a single room with private bath, and all meals. **A registration form is attached.**

## For further information, please contact:

- Sally Z. Hare, 843.238.9291, [couragetoteach@sc.rr.com](mailto:couragetoteach@sc.rr.com) or
- Russ Moxley, 336.210.3822, [rmoxley@moxleyandassociates.com](mailto:rmoxley@moxleyandassociates.com)



## *Embracing Life's Transitions with Integrity*

### **Registration Form**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Preferred Phone Number:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Personal Statement.** To help us understand how participating will serve you and thus help us better plan the retreat, please include a brief personal statement. You might include a sentence or two on what draws you to the retreat at this time, what you hope to receive or how you hope to benefit, any other experience you had had in a circle of trust, and anything else you think would be helpful for us to know (use the back side of this sheet if necessary).

**Special dietary needs:** \_\_\_\_\_

\_\_\_\_\_  
*Please send this registration form, along with a check for \$695, payable to still learning, inc., to:*

Dr. Sally Z. Hare  
still learning, inc.  
PO Box 14028, Surfside Beach, SC 29587