The Courage to Be REAL: The Journey to Living Divided No More



A Circle of Trust® Retreat November 9-11, 2015

Facilitated by Sally Z. Hare on the Atlantic Ocean on Pawleys Island, SC

> For whatever we lose like a you or a me it's always ourselves we find in the sea - e.e. cummings

Circle of Trust Retreat offered by still learning, inc. (www.stilllearning.org)

We come into the world as whole human beings, with all our seeds of true self, all our birthright gifts. Over the next decades, too often we begin to get separated from who we are and why we are here. We also come into this world hardwired to connect with others, but such interdependence is often diminished, dampened, distorted, or ignored. Whether we are now at the stage of becoming a leader or retiring, we are always experiencing transition -- and Warren Bennis' words ring true:

"Your task is not to become a leader. Your task is to become yourself, and to use yourself completely - all your gifts and skills and energies - to make your vision manifest.

You must withhold nothing.

You must, in sum, become the person you started out to be, and enjoy the process of becoming."

Warren Bennis, On Becoming a Leader



Parker Palmer, writing in *Let Your Life Speak*, suggests: "Before you tell your life what you intend to do with it, listen for what it intends to do with you. Before you tell your life what truths and values you have decided to live up to, let your life tell you what truths you embody, what values you represent."

By creating a safe, supportive space, international facilitator Sally Z. Hare invites you into a space to find yourself, to make your own hidden wholeness more visible. Join us in a three-day retreat **The Courage to Be REAL**, grounded in the work of still learning, inc., and in the writing of Parker J. Palmer, as well as the wisdom of the Skin Horse:

"What is REAL?"

"Real isn't how you are made," said the Skin Horse. "It's a thing that happens to you. When a child loves you for long, long time, not just to play with, but REALLY loves you, then you become Real."

"Does it hurt?" asked the Rabbit.

"Sometimes," said the Skin Horse, for he was always truthful. "When you are Real, you don't mind being hurt."

"Does it happen all at once, like being wound up," he asked, "or bit by bit?"

"It doesn't happen all at once," said the Skin Horse. "You become. It takes a long time. That's why it doesn't happen to people who break easily, or have sharp edges, or who have to be carefully kept. Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out, and you get loose in the joints and very shabby. But these things don't matter at all, because once you are Real, you can't be ugly, except to people who don't understand."

From <u>The Velveteen Rabbit</u> by Margery Williams



It is deeply ironic that our culture's great institutions, rather than fostering the deep knowing within each of us, tend instead to stifle it for the sake of uniformity of thought, of instruction, and belief. We are encouraged to ignore the wealth of information that comes from our inner teachers, particularly our oneness and ability to embrace diversity in each other and in the plants and animals of the Earth. We also get separated from the Beauty we love, from the very thing that makes us feel most alive.

Today, like every other day, we wake up empty and frightened. Don't open the door to the study and begin reading. Take down a musical instrument.

> Let the beauty we love be what we do. There are hundreds of ways to kneel and kiss the ground.

--Rumi

In this retreat, facilitator Sally Z. Hare offers a quiet, focused, and disciplined space—a Circle of Trust—in which the noise within us and around us can subside and we can begin to hear our own inner voices. In large group, small group, and solitary settings, and grounded in the earth and waters of Pawleys Island, we will explore the roots of our own interconnectedness and interdependence, making use, as we always do, of personal narrative, insights from poets and storytellers, as well as the arts and various wisdom traditions. As an author and co-editor of *Let the Beauty We Love Be What We Do: Stories of Living Divided No More*, Sally offers the book as another resource in the retreat.

WHERE and WHEN

The setting for the retreat will be the **Sea View Inn**, located on Pawleys Island, South Carolina, one of the oldest summer resorts on the East Coast. The retreat will begin at 4:30 pm on Monday, November 9, 2105, and conclude at the end of lunch on Wednesday, November 11, 2015. Special rates will be available for those who wish to stay extra nights.



RETREAT LEADERSHIP

Sally Z. Hare, Ph.D., is a teacher and a learner. She is the Singleton Distinguished Professor Emerita at Coastal Carolina University, where she served for many years as Dean of the Graduate School and Continuing Education and was the founding director of the Center for Education and Community. During her Kellogg fellowship in the early '90's, Sally had the chance to meet Parker Palmer as she was exploring the concept of community. Parker invited her to work with him as he created *The Courage to Teach*. Since that time, she has worked with the international Center for Courage & Renewal and facilitated COURAGE TO TEACH ® and COURAGE TO LEAD ® and CIRCLE of TRUST programs in South Carolina, North Carolina, Kentucky, Georgia, Oregon, and Kansas, as well as Canada and Australia.

Currently, Sally's work moves out into the world through *still learning, inc,* which she has created with her husband and partner, parenting and family life educator and author Jim R. Rogers. Sally's passion is creating the space for "**real**" education, from the Latin *educare*, which means to lead forth that which is within. She believes that we come into the world whole, with our birthright gifts – and that our life's work is to develop those gifts and use them in service of making the world a better place. Too often that wholeness with which we come into the world gets hidden from our view, and Sally understands

her **own** work to be creating Circles of Trust® to make that hidden wholeness more visible; a safe space for lifelong learning at the intersection of learning and community, the point at which she recognizes that adult learning takes place. The mission of still learning, inc., is **renewing what we do** by reclaiming who we are – in the world of work, the world of family, the world of parenting, the world of leadership.

A Short Course in Ubuntu

This being human Is a Paradox. I enter and leave Alone and yet the Journey requires companionship. We are hardwired To connect. The very act of Learning Is Social. I am I because You are You.

--Sally Z. Hare



COST and REGISTRATION

The program is limited to 20 participants, and the cost is \$975. The registration fee includes all retreat fees, materials, single room with private half-bath, wonderful Southern meals (hot breakfasts, dinner mid-day, and supper in the evenings!), generous coffee and tea breaks. To register, please mail your check to still learning, inc, with the attached registration form and brief personal statement (see registration form for more information) to Dr. Sally Z. Hare, still learning, inc, P. O. Box 14028, Surfside Beach, SC 29587. Please contact Dr. Hare (couragetoteach@sc.rr.com) if you need a partial scholarship to attend.

A special early registration discount of \$850 is offered until August 15th



CIRCLE OF TRUST RETREAT APPLICATION

The Courage to Be REAL: The Journey to Living Divided No More A Three-Day Circle of Trust® Retreat at the Ocean

Name	
Address	
Phone and E-mail:	

Personal statement: To help us understand how participating will serve you and thus to allow us to better plan the program, please include a brief personal statement with your registration:

- What draws you to this retreat and how you learned about it;
- What you hope to receive and what you bring to the retreat; how you hope to benefit personally and/or professionally.

Program costs:

____ Check to still learning, inc., for \$975 (or \$850.00 if registering before Aug 15, 2015)

Special Dietary Needs:

If you have any other special needs, please let us know as soon as possible, so that we can do our best to accommodate you.

To register send this registration form, your personal statement, and a check payable to still learning, inc., to:

Dr. Sally Z. Hare still learning, inc. P O Box 14028 Surfside Beach, SC 29587